

2005 Annual Report

Executive Summary *by Ann McGettigan, Executive Director*

2005 was a wonderful year for Seattle Counseling Service (SCS). The agency strengthened its *sustainability*, increased its *visibility*, deepened its *collaborations* and ultimately enhanced its *accessibility* to services by the members of the LGBTQ community we are mission-driven to serve.

Accessibility - With an approximate 10% increase in the number of people served in 2005, SCS continues to work creatively to enhance access to services to the many facets of the LGBTQ community. Given that 30% of SCS Mental Health clients also have substance abuse issues (the highest rate in the King County community mental health system) and that an overall 8% of clients are homeless, clients are tackling complex issues on a daily basis, with great courage and tenacity. It is the role of SCS, to work with clients to ensure that they are not doing that work in isolation or without support.

Visibility - SCS actively sought out and participated in community events and media activities to decrease stigma and increase access to culturally competent care for members of the LGBTQ community.

Collaborations - Working in partnerships with Gay City, Lifelong AIDS Alliance and OUT-KITSAP among others, SCS developed new programming to take services out into the community for those who may not be able to come in to receive services.

Sustainability - As we completed our 36th year of service in the LGBTQ community we continued to strengthen our financial foundation through diversification of funding to support mental health, chemical dependency treatment and harm reduction services. This sustainability ensures that we will continue to be here for future generations.

We continue to be very proud of our accomplishments each year at SCS. It is with great pleasure that I invite you to review our annual report for 2005.

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SCS staff, clients, and supporters join together to march in the 2005 Pride Parade. For over 36 years, SCS has been a mainstay in the Seattle LGBT community.

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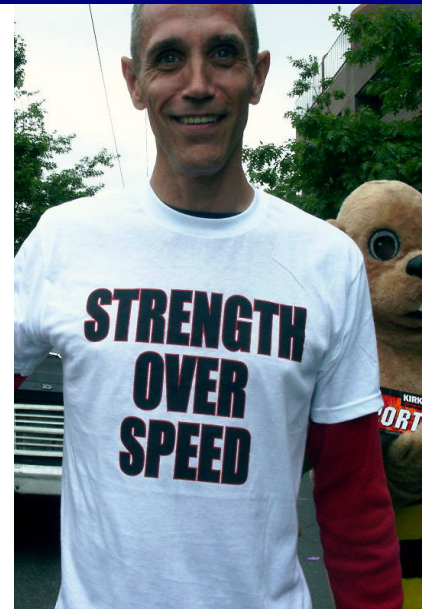
Seattle Counseling Service is a community resource that advocates, educates and serves to advance the social well being and mental health of the Gay, Lesbian, Bisexual, and Transgender communities.

Programs

SCS's comprehensive programs are designed to meet the community's diverse needs and interests. SCS offers services to individuals, couples, and friends/families of LGBT persons including:

- Individual and group mental health therapy and case management
- Chemical dependency treatment and services
- In-house psychiatric referral, evaluation, and medication management
- Harm reduction and HIV prevention program
- Services tailored to meet individual population needs such as youth, elderly, those affected by HIV/AIDS, and/or intimate partner violence.

Additionally, SCS functions as a training center for local and statewide mental health providers and professionals in their efforts to provide culturally sensitive services to sexual minority communities.



Tony Radovich, Strength Over Speed Facilitator, shows his pride. SOS is a weekly group created by and for former users of crystal methamphetamine, and is one of more than a dozen support/treatment groups at SCS.

Financial Summary

2005 Income

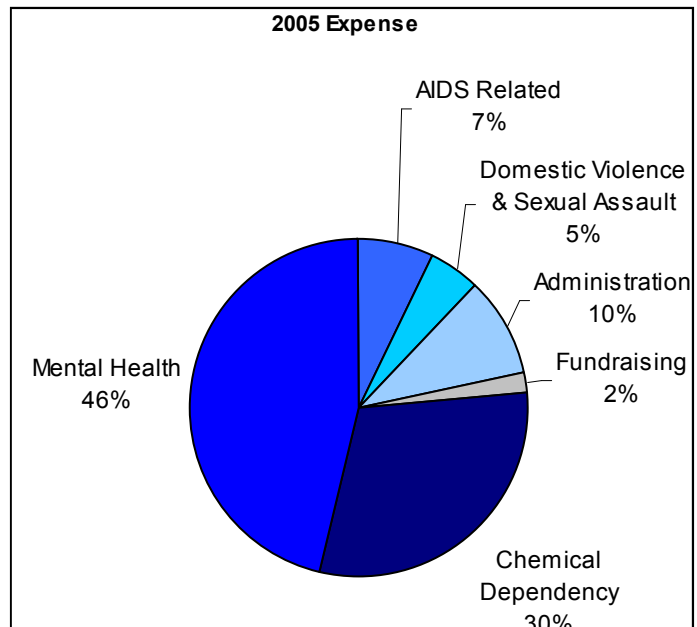
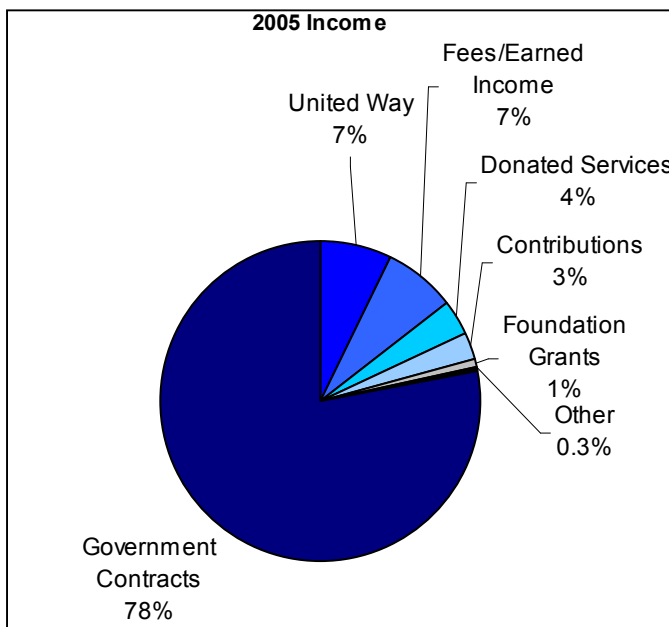
Government Contracts	\$1,327,463
United Way	\$123,005
Fees/Earned Income	\$124,092
Donated Services	\$61,200
Contributions	\$44,500
Foundation Grants	\$15,000
Other	\$5,356

TOTAL INCOME \$1,700,616

2005 Expense

Mental Health	\$758,910
Chemical Dependency	\$487,274
AIDS Related	\$118,010
Domestic Violence & Sexual Assault	\$80,434
Administration	\$157,185
Fundraising	\$31,441

TOTAL EXPENSE \$1,633,254

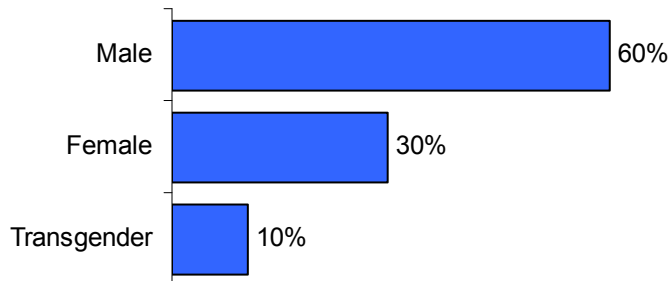


Client Information

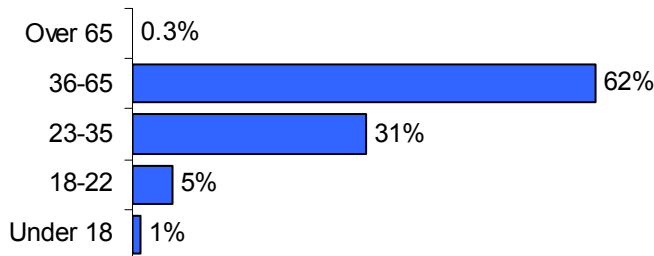
All identifications self-reported by clients

Our services reached over 1,200 clients in 2005.

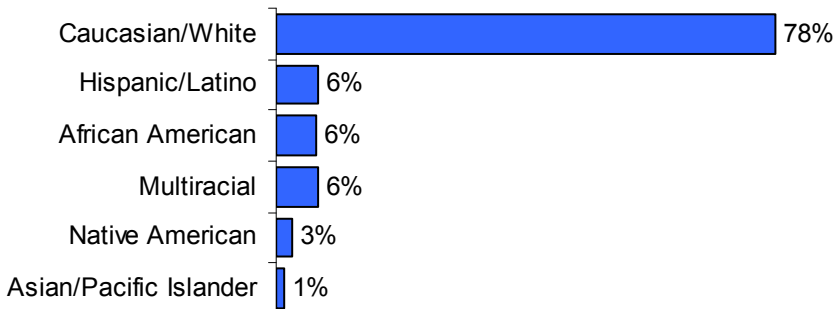
Clients Served by GENDER



Clients Served by AGE



Clients Served by RACE



- Over 30% of clients in the mental health programs also reported substance abuse issues.
- In the chemical dependency programs, clients reported primarily using methamphetamine (36%), alcohol (34%), cocaine (13%), and marijuana (11%). Over 80% reported issues with more than one substance.
- The chemical dependency treatment completion rate rose to 36%, up from 32.8% in 2004.

- 711 clients received comprehensive mental health services.
- 505 clients received chemical dependency services, including 258 clients who were reached through Project NEON.
- Over 95% identify as lesbian, gay, bisexual, or transgender.
- About 80% live in low income households and over 55% of clients have incomes below the federal poverty line. About 8% are homeless.



Therapists Jennifer Mullane and Tammy Siu pause for a smile during an SCS celebration. SCS clinical staff logged over 19,800 hours in direct service to clients in 2005.

PROUDLY SERVING OUR
LGBT COMMUNITIES

SCS ANNUAL REPORT 2005

Please help us keep your information current. If you have changed your address or any other information, please give us a call or drop us a line. Please email:
info@seattlecounseling.org

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